

VIDEO POSTER GUIDELINES

How the Padlet Poster Session will run

- Your video and transcript will be uploaded onto a Padlet board (a kind of online whiteboard accessible here <https://padlet.com/maryrobson/wozxp83s7wmojn6>). Visitors will be able to watch your video and type questions or comments underneath.
- Although the board will be available throughout the Congress, please be logged on (link to follow) and monitoring/responding to your video comments on **Wednesday 21 April, 09:30-11:00**, when we will actively be encouraging participants to visit the poster boards.
- If you wish to have a more in-depth conversation with a commenter, you will be able to arrange to meet them in Wonder, the conference networking space. We'll provide more details of how to do this in due course.

Preparing your video

- Your video should be a maximum of 3 minutes.
- You can choose the style and format of your video – creativity is encouraged!
- Please consider accessibility and include subtitles if possible.
- Please introduce yourself at the start – this can be spoken or via captions on the screen.
- Please produce a transcript of your video.
- If you choose to do a narrated PowerPoint presentation (or similar) please see the guidelines below.

PowerPoint guidelines (if relevant)

- We recommend no more than 1 slide per minute of presentation time.
- Please do not include a slide of references.
- To make your PowerPoint more accessible, please:
 - Use sans serif fonts (e.g. Ariel or Calibri, rather than Times New Roman)
 - Give every slide a clear, unique title
 - Text should be no smaller than 20pt and should match what you are saying
 - Include alt text with images
 - Ensure good colour contrast, particularly between the text and background
 - For more advice on accessibility click here: [Making your Presentation Accessible](#)

Before the Congress

- Please upload your video to your own YouTube or Vimeo account and send a link to Mary Robson (mary.robson@durham.ac.uk) copying nnmhr.congress21@durham.ac.uk by Monday 19 April.
- Alternatively, it can be uploaded directly onto the poster session Padlet (<https://padlet.com/maryrobson/wozxp83s7wmojn6>) by Monday 19 April – ask if you need instructions on how to do this.
- Please also provide a text only transcript of your video. This will be uploaded on Padlet alongside your video.

During the Congress

- Please be logged on and monitoring/responding to your video comments on Wednesday 21 April, 09:30-11:00, when we will actively be encouraging participants to visit the poster boards. Please continue to check and respond to comments and questions throughout the congress.